

# ***CURRICULUM VITAE***

**Tarek Aboutable MD PhD FEBO**  
**Consultant Vitreoretinal Surgeon**

**Dhahran Eye Specialist Hospital, Saudi Arabia**  
**Sokolov Hospital, Czech Republic**

October 2010

**PERSONAL DETAILS**

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Name Tarek Aboutable  
 Date of Birth 19 October 1972  
 Nationality Czech citizen  
 Marital Status Married to Microbiologist and have 3 kids  
 E-mail: [tarekcz@yahoo.com](mailto:tarekcz@yahoo.com), tarek.a@seznam.cz  
 Current Post Consultant Vitreoretinal Surgeon  
 - Dhahran Eye Specialist Hospital, KSA  
 - Sokolov Hospital, Czech Republic [visitor]  
 Licensed Consultant of Ophthalmology in United Kingdom, Czech Republic and KSA  
 GMC {UK} Registration Status: Full and Specialist Registration with licence  
 GMC Registration Number 6124125  
 CCST Date: 16<sup>th</sup> March 2005

**EDUCATION AND CERTIFICATIONS**

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- **Doctor of Medicine MD** 1992 – 1999  
1st Faculty of Medicine, Charles University of Prague, Czech Republic
- **Diploma in Ophthalmology** 2002  
Institute for Postgraduate Medical Education, Prague
- **CCST and Specialized Qualification in Ophthalmology** 2005  
Ministry of Health and Institute for Postgraduate Medical Education, Prague  
[In Compliance with European Communities Laws, Guideline 93/16/EEC]
- **Full and Specialist Registration with the General Medical Council of the UK** May/05
- **Certificate of Continuing Medical Education** 2005  
Czech Medical Chamber
- **License, Consultant of Ophthalmology**  
2005  
Czech Medical Chamber
- **PhD** 2001- 2006  
1st Faculty of Medicine, Charles University of Prague  
Doctoral Thesis: Surgical Treatment of Diabetic Macular Oedema.  
(The Ph.D. degree was acquired in 23.3.2006)
- **Diploma of the European Board of Ophthalmology [EBO]** 2007  
EBO, Paris, Title of Fellow of the European Board of Ophthalmology since May/2007

**SUB-SPECIALITY:**

- Vitreoretinal surgery
- Medical Retina
- Cataract surgery

**TRAINING AND POSITIONS**

- **Resident in Ophthalmology** [1999 – 2003]  
Eye Clinic, Faculty Teaching Hospital, 1st Faculty of Medicine, Charles University of Prague
- **Fellow in Vitreoretinal Surgery and Diabetic Retinopathy** [2003 – May/2005]  
Eye Clinic, Faculty Teaching Hospital, 1st Faculty of Medicine, Charles University of Prague
- **Clinical Attachments**
  - **Queen's Medical Centre**, University Hospital, Nottingham, UK Apr/05
  - **Moorfields Eye Hospital** in London, UK May/05, Sep/06
  - **King's Collage Hospital** in London,UK Jun/05
- **Senior Vitreoretinal Surgical Fellow** [Jan-Aug/07]  
King's College Hospital, London  
Mr. Tim Jackson, Mr. Dominic McHugh
- **Consultant Vitreoretinal Surgeon:**
  - ☒ Eye Clinic, Faculty Teaching Hospital, 1st Faculty of Medicine, Charles University of Prague [ Jun/2005 – Mar/2006]
  - ☒ Department of Ophthalmology, Sokolov Hospital, Czech Republic [Full time job from Apr/2006 to Jan/2007, from Jan/2007 to present as a visitor, one visit every 2 months]
  - ☒ Ohud Hospital, Al Madinah Al Monawarah, KSA [Aug/2007- Feb/2009]
  - ☒ Dhahran Eye Specialist Hospital, Dhahran, KSA, [Mar/2009 – Present]

**SUMMARY OF TRAINING**

I had 6 years of supervised training at resident and vitreoretinal fellow level, and 8 years experience of working as a vitreoretinal consultant. I am expert in vitreoretinal surgery, medical retina and cataract surgery.

I am competent in many aspects of vitreo-retinal surgery, cataract surgery and take independent responsibility for clinical and surgical care of patients. I have had excellent training in the Centre for Diabetic Ocular Complications, Charles University in Prague. My diabetic experience encompasses not only training in assessment and treatment of retinopathy, but also in the organisation of a diabetic screening programme. I have gained fellowship experience in different aspects of modern vitreo-retinal surgery in Charles University, one of the Czech's leading centres and at King's College Hospital in London. I received supervised training in surgery for retinal detachment, for complications of diabetes and in macular surgery. My primary success rate for retinal detachment repair is over 90%. I am proficient in treating retinal detachments complicated by PVR; performing diabetic delamination; using intraoperative dyes and performing internal limiting membrane peeling. My training includes

modern developments to improve patient experience such as using local anaesthetic for vitreous surgery and combined cataract/vitreotomy surgery. I have performed over 3000 VR and phaco cases. I have experience of novel treatments for diabetic macula oedema and vein occlusions including evaluation with optical coherence tomography, intra-vitreous steroid implants and anti-VEGF injections and 23- gauge vitrectomy. I am very comfortable with high volume phacoemulsification surgery.

Since March 2009 till present I work as a vitreoretinal consultant in Dhahran Eye Specialist Hospital [DESH], one of the leading eye centres in the gulf area, where most of the cases are complicated diabetic vitrectomy for severe proliferative diabetic retinopathy and complex retinal detachments, which enhanced my experience for complicated cases.

I work as well as a part time VR consultant visitor in Sokolov hospital in Czech Republic; it is a referral hospital with full equipments and high rate of patients.

### **RESEARCH EXPERIENCE**

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I have successfully designed and run clinical trials right through to publication. This has included obtaining ethics committee approval and recruiting patients. I have experience of writing study protocols and patient information sheets.

### **AUDIT**

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I have experience of participating in audit and understand the principles of audit. I have seen the benefits of continuous data collection.

Audit projects include:

- Corneal complications after diabetic vitrectomy 2002
- Pregnancy and diabetic retinopathy 2003
- PPV versus sclera buckle 2004-2006
- ILM in PPV for resistant CME, to peel or not to peel? 2005- 2007
- Implanted IOLs, was the IOL calculation accurate? 2006
- Continuous data collection for a personal audit of PPV's complications 2002-2009

### **INFORMATION TECHNOLOGY**

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I am computer literate and have used applications to order investigations; access results; generate coding and discharge letters; and used a surgical database; and electronic patient record. I regularly use a personal computer with Word, Excel and Powerpoint and for Medline searches. I have submitted manuscripts on line.

### **TEACHING**

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My experience includes:

- Lectures to undergraduate medical students of the 1<sup>st</sup> Faculty of Medicine, Charles University in Prague, and King's College Hospital in London. Teaching clinical skills to residents and optometrists.
  - Presentations at departmental and regional teaching meetings.
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## PROFESSIONAL SOCIETIES

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- European Vitreoretinal Society
- European Society of Retina Specialists
- Czech Society of Ophthalmology
- Czech Vitreoretinal Society

## PARTICIPATION IN MEETINGS & CONGRESSES

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- Frankfurt Retina Meeting and live Surgery. Apr/04, Apr/06, Feb 2010
- European Vitreo-Retinal Society Meeting, Istanbul, Spain, Malta 2004,2010, 2011
- Annual Meeting of the Egyptian Society of Ophthalmology Mar/2010
- Cairo Retina Meeting 2012
- 102nd Annual Meeting of the German Society of Ophthalmology Berlin. Sep/04
- The Fourth International Retina and Vitreous Symposium- Sharm El-Sheikh. Feb/05
- The 15<sup>th</sup> SOE Congress and the 103<sup>rd</sup> DOG Congress-Berlin Sep/05
- Annual Meeting of the Czech Society of Ophthalmology 1999- 2006
- Annual Meeting of the Czech Vitreoretinal Society 2002-2007
- Euretina in Vienna, London 2008, 2011
- 1<sup>st</sup> Symposium of Ophthalmology in Dhahran Eye Specialist Hospital Dec/2009

## PUBLICATIONS

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### **Vitrectomy for diabetic macular oedema. Results of 72 cases**

Aboutable T and Kalvodova B

**Klin Monatsbl Augenheilkd.** 2005 Aug; 222(8):643-8. German

### **Is removal of internal limiting membrane always necessary during surgery for diabetic macular oedema without evident epimacular proliferation?**

Aboutable T

**Klin Monatsbl Augenheilkd.** 2006 Aug; 223(8):681-6. German

### **ILM peeling improves absorption of diabetic macular oedema, but not visual outcome**

Aboutable T

**Eurotimes** May 2006, Volume 11, issue 5

### **Occlusion of a branch of the a. centralis retinae as a complication of coronary angioplasty for acute myocardial infarction**

Kalvodová B, Aboutable T, et al. **Cor Vasa**, Czech, 2000; 42(7): 354-356

### **Diagnosis and treatment of diabetic retinopathy and its complications**

Kalvodova B, Aboutable T

**Diabetologie**, Czech, DMEV 4/2002; 214- 218

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## **PRESENTATIONS**

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### **Treatment of Diabetic Macular Edema**

1<sup>st</sup> Symposium of Ophthalmology in Dhahran Eye Specialist Hospital Dec/2009

### **Vitreotomy for diabetic macular oedema. Results of 72 cases**

Aboutable T and Kalvodova B

The 102nd Annual Meeting of the **German Society of Ophthalmology**, Berlin Sep/2004

### **A controlled study of internal limiting membrane peeling for diabetic macular oedema without evident epimacular proliferation**

Aboutable T

The Fourth **International Retina and Vitreous Symposium**- Sharm El-Sheikh, Egypt.  
Feb/2005

### **Is removal of internal limiting membrane always necessary during surgery for diabetic macular oedema without evident epimacular proliferation?**

Aboutable T

The 15th Congress of the **European Society of Ophthalmology** and 103rd Annual Meeting of the **German Society of Ophthalmology**, Sep/2005, Berlin.

A short report about the presentation is available at:

<http://www.esprs.org/PUBLICATIONS/EUROTIMES/06May/ILMpeelingimproves.pdf>

### **Occlusion of a branch of the a. centralis retinae as a complication of coronary angioplasty for acute myocardial infarction**

Kalvodova B, Aboutable T,

The VIII. Annual Meeting of the **Czech Society of Ophthalmology**, Prague, 2000

### **Eye trauma caused by a Paintball**

Aboutable T and Kalvodova B

Presented at the I. Meeting of the **Czech Vitreoretinal Society**, Prague 2000

### **Corneal complications after diabetic vitrectomy**

Aboutable T, Kalvodova B.

The X. Annual Meeting of the **Czech Society of Ophthalmology**, Prague 2002

### **Pregnancy and diabetic retinopathy**

Kalvodova B. and Aboutable T

Presented at the III. Annual Meeting of the **Czech Vitreoretinal Society**, Prague- 2003

### **Local case reports (Presented at the Eye clinic, Charles University of Prague 1999- 2005)**

- Acanthamoeba keratitis, diagnosis and treatment
- Rosacea keratitis
- Post-traumatic macular hole in young male
- Intraocular foreign body
- Patient's discomfort related to silicon oil's residuals after SO removal
- Central retinal vein occlusion in young female with Crohn disease

- Complications of Intravitreal application of triamcinolone for diabetic macular oedema
- Cyst rupture and formation of macular lamellar defect during ILM peeling for diabetic macular oedema

## **PERSONAL ATTRIBUTES**

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I work well as part of a team and have a good rapport with all members of the staff.  
I communicate well with patients and recognise the value of shared decision-making.  
I am committed to continuing medical education, clinical governance and participation in audit.

## **REFEREES**

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### **1- Radwan Shima**

Consultant Vitreoretinal Surgeon  
Dhahran Eye Specialist Hospital

### **2- Dr. Nasra Algharbi**

Consultant Vitreoretinal Surgeon  
Dhahran Eye Specialist Hospital

### **3- Mr. Tim Jackson**

Author of Moorfields Eye Manual  
Consultant Vitreoretinal Surgeon, King's College Hospital, London